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Who Are You REALLY?: Rediscover Your True Identity and Life Purpose

Alena Edmondson

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Be yourself. It’s the simplest and best advice there is—and the most difficult to follow. But your life is immeasurably important, and only you can live it. So it’s time to answer two questions: Who are you? And, what is your purpose?

Serving as an encouraging companion and insightful guide, Alena Edmondson untangles various spiritual and philosophical approaches to self-discovery and offers her own practical methods to jumpstart your journey. The first step, she declares, is understanding that God designed you to be a co-creator, reflecting God’s divine nature in how you form your life. Walking you through a series of developmental exercises based on the law of attraction’s main principles, she teaches you how to use your internal creative power with three crucial tools: imagination, meditation, and belief.

As you begin to reform your life, the imbalances that have held you back will become more and more apparent. Thankfully, the second part of *Who Are You REALLY?* presents a ten-day life-work balance program that helps you make better decisions with your new self-awareness.

Are you ready to finally experience the joy and fulfillment of being who you were made to be?

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