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Paleo and Slow Cooker Recipes Box Set (5 in 1): Over 200 Paleo Recipes, Delicious Soups, Freezer Meal and Holiday Meals for Your Slow Cooker (Paleo Diet & Cooking for Two)

Eva Mehler, Sheila Butler, Rachel Blunt, Tina Berry, Josephine Ortiz

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Paleo and Slow Cooker Recipes Box Set (5 in 1)

Book One: Paleo Slow Cooking for Two: 40 Easy and Healthy Paleo Recipes for a Crockpot or Slow Cooker, Plus Cook Time and Calorie Count

And not just that, inside you will learn:

• The reason why you should go for a Paleo lifestyle
• 40 delicious, healthy and completely Paleo recipes that you can cook using a slow cooker.
• Recipes that help you prepare your food ahead of time.
• How to reduce recipe servings or yields to suit your need to cook for just two people.
• And so much more

Bring out your slow cooker and get ready to be the star of the kitchen and the dinner table with these amazingly easy Paleo recipes!

Book Two: Slow Cooker Cake Recipes: 80 Sumptuous Low-Carb Cake Recipes You Can Cook in Your Slow Cooker!

Inside You Will Learn:

• The basics of using a slow cooker
• Tips & tricks for baking sweets in the slow cooker

• How to avoid common pitfalls to cooking cakes in the slow cooker
• How to recognize what makes a recipe low-carb
• How to adapt most cake recipes to a low-carb version
• How to adapt most oven recipes for cake to the slow cooker
• 80 Sumptuous Cake Recipes for the Slow Cooker
• And much more

Book Three: Holiday Recipes: Easy and Healthy Low Carb, Paleo, Slow Cooker Recipes for Your Best Holidays

Inside You Will Learn:

• Holiday slow cooker recipes
• Holiday paleo diet recipes
• Holiday low carb recipes
• Holiday low calorie recipes
• And Much More

Book Four: Freezer Meals for Slow Cooker: Easy and Delicious Dump Dinner Recipes and Make Ahead Meals for Busy People

Inside you will learn

• How you can make delicious frozen beef, pork or chicken meals ahead of time for your crockpot.
• Easy-to-follow recipes for frozen stews, soups, casseroles and roasts that are easy to make in your crockpot.
• Tips and Tricks for successfully preparing make-ahead frozen crockpot meals.
You can do it!

Book Five: Soup Recipes for Everyday: 50 Delicious Recipes You Can Cook in Your Slow Cooker

You will also learn:

• Why the slow cooker is the working person’s best friend, year round.
• How to adapt nearly any soup recipe to slow cooking perfection.
• 50 recipes to start your own collection. You will quickly find a family favorite that gets requested over and over.
• Spicy soup recipes that are sure to get your metabolism revved and rolling.
• How to turn a favorite meal into a delicious soup.

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From reader reviews:

Don Numbers:

In this 21st millennium, people become competitive in each and every way. By being competitive at this point, people have do something to make these individuals survives, being in the middle of the crowded place and notice by surrounding. One thing that at times many people have underestimated this for a while is reading. That's why, by reading a e-book your ability to survive increase then having chance to stand than other is high. For you personally who want to start reading a new book, we give you this specific Paleo and Slow Cooker Recipes Box Set (5 in 1): Over 200 Paleo Recipes, Delicious Soups, Freezer Meal and Holiday Meals for Your Slow Cooker (Paleo Diet & Cooking for Two) book as starter and daily reading publication. Why, because this book is usually more than just a book.

Jolene Rivera:

The guide untitled Paleo and Slow Cooker Recipes Box Set (5 in 1): Over 200 Paleo Recipes, Delicious Soups, Freezer Meal and Holiday Meals for Your Slow Cooker (Paleo Diet & Cooking for Two) is the publication that recommended to you to learn. You can see the quality of the publication content that will be shown to anyone. The language that creator use to explained their way of doing something is easily to understand. The article writer was did a lot of analysis when write the book, so the information that they share to you is absolutely accurate. You also could possibly get the e-book of Paleo and Slow Cooker Recipes Box Set (5 in 1): Over 200 Paleo Recipes, Delicious Soups, Freezer Meal and Holiday Meals for Your Slow Cooker (Paleo Diet & Cooking for Two) from the publisher to make you considerably more enjoy free time.

Thomas Rojas:

In this period of time globalization it is important to someone to receive information. The information will make someone to understand the condition of the world. The health of the world makes the information better to share. You can find a lot of referrals to get information example: internet, newspapers, book, and soon. You can observe that now, a lot of publisher that print many kinds of book. Typically the book that recommended to you personally is Paleo and Slow Cooker Recipes Box Set (5 in 1): Over 200 Paleo Recipes, Delicious Soups, Freezer Meal and Holiday Meals for Your Slow Cooker (Paleo Diet & Cooking for Two) this book consist a lot of the information on the condition of this world now. This book was represented how can the world has grown up. The language styles that writer use for explain it is easy to understand. The writer made some analysis when he makes this book. That is why this book acceptable all of you.

Guadalupe McCoy:

With this era which is the greater man or woman or who has ability in doing something more are more

special than other. Do you want to become one among it? It is just simple solution to have that. What you should do is just spending your time not very much but quite enough to possess a look at some books. Among the books in the top list in your reading list is definitely Paleo and Slow Cooker Recipes Box Set (5 in 1): Over 200 Paleo Recipes, Delicious Soups, Freezer Meal and Holiday Meals for Your Slow Cooker (Paleo Diet & Cooking for Two). This book which is qualified as The Hungry Inclines can get you closer in becoming precious person. By looking way up and review this publication you can get many advantages.

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