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# Power, Resistance and Liberation in Therapy with Survivors of Trauma: To Have Our Hearts Broken

*Taiwo Afuape*

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**Power, Resistance and Liberation in Therapy with Survivors of Trauma: To Have Our Hearts Broken**
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This book offers reflections on how liberation might be experienced by clients as a result of the therapeutic relationship. It explores how power and resistance might be most effectively and ethically understood and utilised in clinical practice with survivors of trauma.

*Power, Resistance and Liberation in Therapy with Survivors of Trauma* draws together narrative therapy, Coordinated Management of Meaning (CMM) and liberation psychology approaches. It critically reviews each approach and demonstrates what each contributes to the other as well as how to draw them together in a coherent way. The book presents:

- an original take on CMM through the lenses of power and resistance
- a new way of thinking about resistance in life and therapy, using the metaphor of creativity
- numerous case examples to support strong theory-practice links.

Through the exploration of power, resistance and liberation in therapy, this book presents innovative ways of conceptualising these issues. As such it will be of interest to anyone in the mental health fields of therapy, counselling, social work or critical psychology, regardless of their preferred model. It will also appeal to those interested in a socio-political contextual analysis of complex human experience.

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**Sarah Fernandez:**

Book is to be different for each and every grade. Book for children until finally adult are different content. As we know that book is very important for all of us. The book Power, Resistance and Liberation in Therapy with Survivors of Trauma: To Have Our Hearts Broken had been making you to know about other knowledge and of course you can take more information. It is quite advantages for you. The book Power, Resistance and Liberation in Therapy with Survivors of Trauma: To Have Our Hearts Broken is not only giving you far more new information but also to become your friend when you really feel bored. You can spend your current spend time to read your guide. Try to make relationship together with the book Power, Resistance and Liberation in Therapy with Survivors of Trauma: To Have Our Hearts Broken. You never truly feel lose out for everything should you read some books.

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The book Power, Resistance and Liberation in Therapy with Survivors of Trauma: To Have Our Hearts Broken has a lot info on it. So when you read this book you can get a lot of profit. The book was published by the very famous author. The writer makes some research previous to write this book. This specific book very easy to read you may get the point easily after perusing this book.

**Gavin Wilkins:**

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