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A Celebration of Sex After 50

Dr. Douglas E. Rosenau, James K. Childerston, Carolyn Childerston

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A Celebration of Sex After 50 answers specific, often unasked questions about sexual topics, presents detailed techniques and behavioral skills for deepening sexual pleasure and intimate companionship, and addresses other issues facing older couples including:

- the normal effects of aging
- common medical problems and solutions
- erectile function and the use of Viagra, Levitra, and Cialis
- the effects of other drugs on sexuality
- postmenopause and estrogen replacement
- prostate disorders
- minimizing the impact of various diseases on sexual function
- overcoming roadblocks to intimacy
- reviving and sustaining sexual desire
- physical and emotional sexual fitness
- finding help

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