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Saltwater Buddha: A Surfer's Quest to Find Zen on the Sea

Jaimal Yogis

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Saltwater Buddha: A Surfer's Quest to Find Zen on the Sea Jaimal Yogis
Fed up with teenage life in the suburbs, Jaimal Yogis ran off to Hawaii with little more than a copy of Hermann Hesse's *Siddhartha* and enough cash for a surfboard. His journey is a coming-of-age saga that takes him from communes to monasteries, from the warm Pacific to the icy New York shore. Equal parts spiritual memoir and surfer's tale, this is a chronicle of finding meditative focus in the barrel of a wave and eternal truth in the great salty blue.

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