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Authentic Recipes from Jamaica: [Jamaican Cookbook, Over 80 Recipes] (Authentic Recipes Series)

John DeMers, Eduardo Fuss

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Cook delicious, authentic Jamaican food with this easy-to-follow Jamaican cookbook.

Jamaica is the mountainous Caribbean island famed for its coffee and its beaches. But with its abundance of homegrown ingredients and its many cultural influences it has developed a remarkable cuisine all its own. To visit the Jamaican kitchen is to discover the sumptuous flavors of spicy jerk pork, sweet tropical juices, complex curries and lush desserts.

This cookbook offers the island's best recipes—both the traditional and the new—from Jamaica's hottest chefs and restaurants, including Norma Shirley of Norma at the Wharfhouse, Everett Wilkerson of the Sans Souci Lido and James Palmer at Strawberry Hill.

Authentic Recipes from Jamaica presents over 60 full-color recipes with photographs shot on location. Lively essays by food writers John DeMers and Norma Benghiat on the island's culture and history, explanations of special ingredients and easy-to-follow recipes make this the most complete guide to Jamaican cuisine you'll find.

Jamaican recipes include:

- Pepperpot
- Baked Plantains
- Pepper Shrimp
- Ginger Tamarind Chicken
- Spinach Salad with Breadfruit Chips
- Sweet Potato Pone
- Jamaican Limeade

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Ronald Ralph:

A lot of people always spent all their free time to vacation or even go to the outside with them household or their friend. Did you know? Many a lot of people spent they free time just watching TV, or playing video games all day long. If you wish to try to find a new activity that is look different you can read some sort of book. It is really fun for you. If you enjoy the book that you just read you can spent the entire day to reading a reserve. The book Authentic Recipes from Jamaica: [Jamaican Cookbook, Over 80 Recipes] (Authentic Recipes Series) it doesn't matter what good to read. There are a lot of people that recommended this book. These people were enjoying reading this book. When you did not have enough space to create this book you can buy the e-book. You can m0ore effortlessly to read this book through your smart phone. The price is not too expensive but this book provides high quality.

Alberto Meyer:

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