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Kicking Cancer in the Kitchen: The Girlfriend’s Cookbook and Guide to Using Real Food to Fight Cancer

Annette Ramke, Kendall Scott

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Kicking Cancer in the Kitchen, which has been named #3 of *The 25 Cookbooks of the Year for 2012* by TheDailyMeal.com, is **the ultimate resource** for the woman who has been handed the cancer card--and for the one who never wants to get it.

Authors Annette Ramke and Kendall Scott are cancer survivors, so they know exactly what it's like to deal with "the Big C." Here they share girlfriend-style, real-life knowledge and experience about the healing power of food, along with their stories of cancer ups and downs--with **more than 100 recipes** for fighting cancer and soothing symptoms of treatment.

Whether someone is in the thick of "Cancer World" and wants to know what to expect, or for anyone who wants to do all they can to boost their health, *Kicking Cancer in the Kitchen* offers guidance on not only surviving, but **thriving**--before, during, and after cancer.

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