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How to Get Over Someone: Coping When You Lose the Love of Your Life (Starting Over Book 1)

Lucinda Love

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How to Get Over Someone: Coping When You Lose the Love of Your Life

Forget about the pain of the past and move on with your life

All over the world, people are falling in and out of love. It's a great thing to be in love, but when you two fall apart, it's quite difficult to build a bridge and get over it. For some, it would take a long time to move on and forget about the past while for others, it's a speedy process. You would surely want to get over the pain, sorrow and desperation quick, and this book is the solution:

* identify the symptoms of a person who has not gotten over the ex
* turn off the feelings of love
* get past the stages of getting over someone
* bounce back and move on with your life
* fully recover from the break up

What's Inside?

Love doesn't always end in happily ever after. Sometimes, there are those not-so-happy endings too. Breaking up with someone is never easy, which is why most of the time, you need to seek help for you to move on. This book is going to help you with getting over that somebody who you used to love with:

* the quick facts and false beliefs about love and getting over someone
* the secrets to getting over someone fast
* four ways to bouncing back from the break up
* seven tips to getting past the break up

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Start Reading Now...

Getting over a bad breakup with someone you love is never easy, but it can be done To get over someone you loved, you have to know the symptoms of someone who has not gotten over the break up so you can begin turning off these feelings, get past the stages of a break up, bounce back and get on with your life. With this book, you can now say goodbye to heartache and move on!

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