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101 Easy Homemade Products for Your Skin, Health & Home: A Nerdy Farm Wife's All-Natural DIY Projects Using Commonly Found Herbs, Flowers & Other Plants

Jan Berry

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Go Green in Every Part of Your Life with These Easy, All-Natural Herbal Products

Kick toxic, synthetic skin care products and cleaners out the door and bring the healing joy of nature into your life with the simple, versatile projects in *101 Easy Homemade Products for Your Skin, Health & Home*. In this incredible resource, Jan Berry teaches you the basics of making your own skin care and hair care products, health remedies and household cleaners—then how to customize them into truly unique and personalized items! You'll learn how to make:

- Honey, Rose & Oat Face Cleanser
- Cool Mint Body Wash
- Basic Calendula Lotion
- Floral Salt Foot Scrub Bars
- Basil & Lime Lip Balm
- Lavender Oatmeal Soap
- Violet Flower Sore Throat Syrup
- Thyme Counter Cleaner
- Lavender Laundry Detergent
- And so much more!

All of the projects are easy to make and use commonly found herbs, flowers, oils and other natural ingredients. No fancy equipment or previous experience required! If you don't have a certain ingredient on hand, Jan provides tips on how to substitute and what works best. Going green has never been easier or more affordable. With this book, you can use local, natural ingredients to make something beautiful, effective and good for you and your family.

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