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Big Girls Don't Whine: Getting On With the Great Life God Intends (Women of Faith)

Jan Silvious

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No one wants to be labeled a whiner, but many of us go through life with a "poor me," victim mentality that sounds a whole lot like whining. God never intended for us to act like "little girls," says Jan Silvious. His goal is for each of us to live as "big girls"-mature Christian women-who are capable of enjoying the richness of life He has planned.

In Big Girls Don't Whine, Jan helps women:

- Move beyond the past and on to healthy relationships,
- Choose to be proactive rather than let life just "happen,"
- Discover their full potential,
- And become everything He made them to be.

So how can we tell if we're living life as an immature 'little girl" or a confident "big girl?"

A little girl…

- Is insecure
- Becomes the victim of circumstances
- Says "I can't"
- Manipulates

A big girl…

- Is secure
- Rests in God's sovereignty
- Says, "I can"
- Communicates

In *Big Girls Don't Whine*, Jan Silvious calls us to be real women in a real world, free to experience a life of full of potential and vision. This book is the how-to manual for making it happen.

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Eleanor Abney:

Spent a free time to be fun activity to accomplish! A lot of people spent their down time with their family, or their friends. Usually they accomplishing activity like watching television, likely to beach, or picnic from the park. They actually doing same thing every week. Do you feel it? Do you need to something different to fill your personal free time/ holiday? Could be reading a book could be option to fill your totally free time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to test look for book, may be the publication untitled Big Girls Don't Whine: Getting On With the Great Life God Intends (Women of Faith) can be excellent book to read. May be it is usually best activity to you.

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