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The HCG Diet Gourmet Cookbook: Over 200 "Low Calorie" Recipes for the "HCG Phase"

Tammy Skye

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The HCG Diet Gourmet Cookbook: Over 200 "Low Calorie" Recipes for the "HCG Phase" Tammy Skye
Enjoy over 200 delicious "Low Calorie" Recipes for the HCG Diet with the *HCG Diet Gourmet Cookbook*. The recipes in this cookbook can help you enjoy flavorful meals while losing up to a pound a day on the "HCG Phase" The HCG Diet Gourmet Cookbook features delicious soups and salads, chicken, beef, and seafood entrees, and sweet desserts and beverages.

Enjoy these easy and delicious recipes and add variety, spice, and a touch of gourmet to your weight loss journey.

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