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Fäviken

Magnus Nilsson

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Fäviken

Magnus Nilsson

Fäviken Magnus Nilsson
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"Magnus is one of the brightest chefs that I have ever met." – René Redzepi, NOMA

Fäviken is the first major cookbook by Magnus Nilsson, the 28‐year old chef whose restaurant is located on a 20,000 acre farm and hunting estate in Northern Sweden. It has recently been called "the most daring restaurant in the world" by *Bon Appétit*. In *Fäviken*, Nilsson writes about how he only cooks with ingredients that are raised, farmed and hunted in the immediate vicinity of his remote restaurant. The food served at Fäviken – from the dairy to the meat to the vegetables – is harvested, butchered and preserved by hand using the most natural and primitive methods possible, and Nilsson is in factor of simple cooking methods such as roasting over open coals. This approach results in the highly creative food and intense flavors of which, far from seeming traditional, are remarkable.

Fäviken features 100 recipes and 150 color photographs, featuring the finished dishes, unique local ingredients and beautiful landscapes of the farm. The book will inspire chefs and food‐lovers to think differently abut the ingredients that are available to them. Many of the basic recipes for yogurt, bread, vinegar, pickles and preserve are straightforward enough for anyone to attempt at home, and the advice on the natural preservation methods can be followed by anyone. The book also includes an introduction by food writer Bill Buford.

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From reader reviews:

Patricia Spear:

Often the book Fäviken has a lot associated with on it. So when you read this book you can get a lot of gain. The book was authored by the very famous author. The author makes some research before write this book. This particular book very easy to read you can find the point easily after reading this book.

Mandy Conway:

People live in this new day time of lifestyle always attempt to and must have the spare time or they will get large amount of stress from both way of life and work. So , once we ask do people have extra time, we will say absolutely sure. People is human not really a robot. Then we question again, what kind of activity are there when the spare time coming to you actually of course your answer may unlimited right. Then do you try this one, reading books. It can be your alternative in spending your spare time, the actual book you have read is definitely Fäviken.

Wilma Bates:

Playing with family in a park, coming to see the water world or hanging out with pals is thing that usually you will have done when you have spare time, subsequently why you don't try matter that really opposite from that. Just one activity that make you not feeling tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love Fäviken, you are able to enjoy both. It is very good combination right, you still desire to miss it? What kind of hang-out type is it? Oh can occur its mind hangout men. What? Still don't understand it, oh come on its identified as reading friends.

Jimmy Martinez:

A lot of book has printed but it is different. You can get it by world wide web on social media. You can choose the most effective book for you, science, comedy, novel, or whatever by means of searching from it. It is named of book Fäviken. You'll be able to your knowledge by it. Without leaving behind the printed book, it could add your knowledge and make an individual happier to read. It is most important that, you must aware about e-book. It can bring you from one spot to other place.

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