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# Terapia Corporal Emocional: Toca tu Corazón Cambia tu Vida (Spanish Edition)

*Susanna Luebcke*

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**Terapia Corporal Emocional: Toca tu Corazón Cambia tu Vida (Spanish Edition)** Susanna Luebcke Cuando el cuerpo y el alma se comunican, estamos en el camino integral de la sanación. Este libro da instrucciones exactas, de cómo la Terapia Corporal Emocional puede ser aplicada en uno mismo y en otras personas. Las dos autores describen en un lenguaje claro y comprensible la relación recíproca entre molestias corporales y disfunciones emocionales y transmiten, como estos pueden ser suavemente resueltos al final. Veinticinco ejemplos de casos de personas en diferentes situaciones de vida ayudan al lector a entender mejor los fascinantes procesos que llevan a la sanación. La Terapia Corporal Emocional es la base de todo proceso de sanación. Este libro debe tenerse en todo hogar así como también en cada consultorio terapéutico.

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