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Gluten Free Slow Cooker Cookbook: Delicious Recipes For A Gluten Free Diet

Barbara B Walters

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Barbara B Walters

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Are you suffering from an autoimmune disease, such as Celiac Disease? Or, you are just sensitive to wheat but do not suffer from celiac disease, there may be other proteins in gluten that is affecting you.

Most people have a healthy immune system that prevents the body from being harmed by gluten, for people with celiac disease the only effective remedy is staying away from foods with gluten altogether.

All you need to make simple, delicious, and naturally gluten-free meals is in this cookbook. Slow cookers are lifesavers for a busy family. But if you follow a **gluten-free diet** - due to gluten intolerance, celiac disease, wheat allergies, or simply for health reasons - slow cooking can be a challenge.

With this Gluten Free Slow Cooker Cookbook, you can prepare meals with peace of mind; grain-free, dairy-free and gluten-free —that will improve your health and well-being, eliminating all ailments. Easy-to-follow instructions are complemented by mouthwatering recipes with lots of flavor leaving you and your family feeling satisfied and energized.

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