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# Supervising the Counsellor and Psychotherapist: A cyclical model

*Steve Page, Val Wosket*

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*Supervising the Counsellor and Psychotherapist* considers how to meet the supervision needs of trainee and experienced counsellors, psychotherapists and other helping professionals using an integrative approach that will appeal to practitioners from a broad range of backgrounds and theoretical persuasions. The book charts the development of the supervisor as he or she moves through making the transition from therapist to supervising the work of others and includes consideration of the advanced competencies required to supervise experienced practitioners.

This third edition brings a number of contemporary perspectives to a well-known and widely respected core text for the training and development of supervisors. The Cyclical Model at the heart of the book has established its relevance in the UK as one of the best known frameworks for teaching and learning the steps and stages of supervision. All chapters in this new edition have been extensively revised and updated, and key elements include:

- Two brand new chapters on deepening supervision practice and moving beyond supervising counsellors and psychotherapists

- Updates on recent developments in supervision, including research outcomes, the use of technology and supervising short-term work

- Creativity, play and the use of metaphor and imagery in supervision

- Developing the use of self through relational supervision.

Supervising the Counsellor and Psychotherapist is a key text for trainee and experienced supervisors of counsellors and psychotherapists, those who train supervisors, and supervisees wishing to better understand the supervisory process.

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