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Hypertension in the Elderly: Pocketbook

Norman M Kaplan MD

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Hypertension in the Elderly: Pocketbook Norman M Kaplan MD

Though it seems illogical to offer treatment to reduce cardiovascular risk factors in those with a limited life expectancy and inappropriate to lower blood pressure in the elderly when it is known that hypertension rises as people get older, studies have shown beyond reasonable doubt that lowering the blood pressure in the elderly reduces morbidity and prolongs life. Hypertension in the Elderly examines this subject in depth, including such topics as Measurement of blood pressure and postural hypotension, the benefits of treating hypertension in the elderly, lifestyle modifications and improving compliance. This comprehensive book includes color tables, algorithms, guidelines, and charts.

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