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Don't Text That Man!: A Guide To Self Protective Dating in the Age of Technology

Rhonda Findling

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Don't Text That Man!: A Guide To Self Protective Dating in the Age of Technology

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Don't Text That Man!: A Guide To Self Protective Dating in the Age of Technology Rhonda Findling Rhonda Findling, author of the bestselling and internationally acclaimed Don’t Call That Man! A Survival Guide To Letting Go has written a new book to help women during their dating journey in the millennium: Don’t Text That Man! A Guide To Self Protective Dating in the Age of Technology.

Don’t Text That Man! will empower you by offering deeper insight into men's minds to determine if a man you are interested in or involved with has the emotional capacity to sustain a grownup, mature, viable relationship.

Packed with invaluable advice, Don’t Text That Man! will teach you how to detach from a man you broke up with or has broken up with you in the healthiest way possible, with your self-esteem in tact. You will learn to cope with obsessive thinking as well as feelings of anger and aggression.

In our fast-paced technological world, women truly need to be smarter and more self-protective than ever before. Don’t Text That Man! will teach you how.

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Reviews

Don’t Text That Man is perfect for today's technological dating scene, Packed with savvy advice, tips, examples and ideas women can use to avoid getting back with that man who is NOT Mr. Right, this handy-dandy guide is an essential tool for navigating the stormy seas of today's dating scene.
- Robin Glasser, author of My Life as a Concubine and Men at Work

In "Don't Text that Man!" Rhonda Findling has captured the basic psychology of the "malignant man" - the one who will defeat you if you date him. Findling breaks it all down and examines each part of the malignant man's behavior in detail. If you want to know how to protect yourself in such an unfortunate dating situation, then this book is a must. The book is written in a reader-friendly style. To top it off, Rhonda Findling is a superb psychotherapist. P.S. Read her black jack theory and her 15-step program for saving yourself.
- Dr. Henry Kellerman, Ph.D., author of The 4 Steps to Peace of Mind: The Simple Effective Way to Cure Our Emotional Symptoms; Personality: How it Forms and Dictionary of Psychopathology

"Don't Text that Man" offers women age-old wisdom for our modern times. French women don't text their man, and neither should you."
- Jamie Cat Callan, author of French Women Don't Sleep Alone

Biography

Rhonda Findling is a psychotherapist and author of the acclaimed Don’t Call That Man! A Survival Guide To Letting Go, The Commitment Cure; What To Do When You Fall For An Ambivalent Man, The Dating Cure, A Man's Guide: How To Achieve Successful Romantic Relationships With Women, A Teenager's Memoir, and Portrait of My Desire. Rhonda has appeared on national talk shows including CNN Headline News, Ricki Lake, Geraldo, Maury Povitch, Eye Witness News, Good Day New York, Carnie, Ilyana, Tempest and Judith Regan Tonight. She has led workshops and seminars in New York, L.A., Paris, Berlin and London. Rhonda has been featured in the New York Post, Los Angeles Times, The Boston Globe, Newsday, Rocky Mountain News, Cosmopolitan magazine, Latina Magazine, Glamour (UK and Paris editions) Le Progress, Life and Style, US Weekly, Femina and Today’s Black Woman.

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Doris Snell:

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