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Using the Creative Arts in Therapy and Healthcare: A Practical Introduction

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Using the Creative Arts in Therapy and Healthcare provides a practical introduction to the uses of arts and other creative processes to promote health and encourage healing.

This latest edition includes newly edited chapters from the original and second edition covering the therapeutic use of dance, drama, folklore and ritual, story telling and the visual arts. Information on guidelines, preparations and practical hints for leaders and facilitators has also been updated. New chapters provide an international perspective in the field of the arts and healthcare, and show how the artist can alleviate distress for patients through art, music and drama.

Illustrated throughout with ideas and examples of how the arts can be used in a range of healthcare settings, this book will be essential reading for creative arts therapists and healthcare professionals throughout the world.

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