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24 Day Recipe Collection: Eating well should not be Challenging!

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The "24 Day Recipe Collection" contains over seventy recipes to help you enjoy eating well.

Assembled by Independent AdvoCare Distributors for their clients on the 24 Day Challenge, these tasty recipes are a great choice for anyone wanting to eat healthy.

People often fail to achieve their weight management goals because of just getting sick and tired of 'diet foods'. Healthy eating does not have to involve flavorless, boring foods! Use these recipes to add some variety to your meals and enjoy eating smarter!

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