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Getting Started in Sailboat Racing, 2nd Edition

Adam Cort, Richard Stearns

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Everything you need to race your way up through the fleet

If you sail--even a little--you've probably thought about trying your hand at racing. Now you can stop thinking and do it. *Getting Started in Sailboat Racing* makes this endlessly fascinating lifetime sport accessible to anyone who wants to give it a try, whether you own a sailboat, are hoping to crew, or spectating from a nearby perch.

This complete course in racing fundamentals breaks the racing experience down into bite-size pieces, making the process easier to understand and reflecting the leg-by-leg nature of a typical race. With scores of helpful illustrations, this user-friendly manual takes you around the buoys, explaining new rule changes and tactics that apply to each part of the race.

You'll learn how to:

- Execute quick, competitive starts
- Maximize speed and efficiency on the windward leg
- Maneuver for position around the windward mark
- Take full advantage of downwind and reaching legs
- Handle the spinnaker (even when asymmetrical), and beat the crowd at the jibe and leeward marks
- Eke out every last bit of speed as you sprint to the finish

There are few things in this world more satisfying than racing a sailboat. Get in on the action and find out what you've been missing. All you need is a competitive spirit and a little help from *Getting Started in Sailboat Racing*.

"Cort and Stearns deftly break down racing, from start to finish, into basic elements, making the sport more accessible by giving the novice a strong understanding of the fundamentals . . . this book should be required reading for anyone wanting to get out on the course. The book goes into enough detail on tactics and sail trim to make the average sailor not only comfortable on the racecourse, but competitive, as well." -- SAILING

"With Cort and Stearns' enthusiasm for the topic and straightforward advice, it's hard not to read this book without picturing yourself rounding the buoys just ahead of the rest of the fleet." -- Soundings

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you into brand new stage of crucial thinking.

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