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Cancer: Cancer Diet: Eating secrets you need to know during your cancer treatment (Cancer Diet, cancer prevention, fight cancer, cancer recovery, cancer free, cancer foods Book 2)

Melanie White

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You may be wondering – Are there certain foods I should be eating during these months I'm taking chemotherapy?

That's a question Melanie White asked her oncologist several years ago as she was about to undergo several rounds of chemo therapy. She was surprised by the answer.

About the author

Melanie White is first and foremost – a cancer survivor. She is not a doctor, a nutritionist or medical professional of any kind. She is however a reader and a researcher who has taken an active interest in health and nutrition since her Non- Hodgkin Lymphoma diagnosis several years ago. Many of the references she came across were very good but she found them to be quite long and detailed. You may not have the time, energy or the inclination to read dozens of books on nutrition and cancer fighting foods – especially right now. This eBook is a compilation of the best material she found and is intentionally short for that very reason.

For your body to overcome a deadly disease like cancer, it needs more than radiation or chemotherapy. It needs essential nutrients that help diminish the side effects of those radical treatments. It also needs those nutrients which will strengthen and sustain vital organs that are facing a time of incredible stress.

This book contains proven, time tested steps and strategies on how to use certain foods during the treatment and recovery stages of cancer. Cancer starts at the cellular level, so there is also a need to treat it at the same level. This is where good nutrition comes in.

In The Cancer Diet: Eating Secrets You Need to Know During Your Cancer Treatment, you will learn:

- To Understand The Side Effects of Chemotherapy and the Need for a Proper Diet
- The Importance of Good Nutrition while undergoing Chemotherapy
- The Types of Food to Eat before Chemotherapy
- The Types of Food to Eat On Those Days Taking Chemotherapy
- Foods to Manage Mouth Sores

- Foods to Fight Nausea
- Essential Eating Tips During Your Treatment
- A List of My Favorite Top 20+ Foods to Eat During Your Cancer Treatment
- 9 Foods to Avoid during Chemotherapy

This concise guide is an ideal reference for the cancer patient or their caregiver.
Enhance your cancer treatment by eating properly. Feeding your body the foods it needs at this critical time is essential to your best recovery.
Find out how in these pages!

See what others readers are saying

My father-in-law is going through chemotherapy now for liver cancer, so this book was purchased right on time for us.

This book is a great reference, explaining which foods are best tolerated during different stages of chemo. This book talks about normal foods that you might already be eating every day. There are sections throughout the book to assist with the possible side effects of cancer……

Chris Flec

The Cancer Diet is empowering to anyone who wants to get some control over this horrible disease and resulting treatment- whether they have been diagnosed with cancer or not. This book will provide a wealth of information that everyone can put to use in their daily lives to help in the fight against cancer--- who knew that something as easy as a pinch of cinnamon could make a difference? It is such a relief to finally find a book such as The Cancer Diet to help with authentic recipes that arm the patient or careperson with more knowledge and information to help combat this disease.

Faiz

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Marcus Casale:

Nowadays reading books are more than want or need but also become a life style. This reading habit give you lot of advantages. The advantages you got of course the knowledge the actual information inside the book this improve your knowledge and information. The information you get based on what kind of reserve you read, if you want send more knowledge just go with schooling books but if you want really feel happy read one along with theme for entertaining like comic or novel. Often the Cancer: Cancer Diet: Eating secrets you need to know during your cancer treatment (Cancer Diet, cancer prevention, fight cancer, cancer recovery, cancer free, cancer foods Book 2) is kind of reserve which is giving the reader unpredictable experience.

David Beall:

A lot of people always spent all their free time to vacation or go to the outside with them friends and family or their friend. Do you realize? Many a lot of people spent these people free time just watching TV, or even playing video games all day long. If you would like try to find a new activity here is look different you can read a new book. It is really fun for yourself. If you enjoy the book that you just read you can spent all day long to reading a reserve. The book Cancer: Cancer Diet: Eating secrets you need to know during your cancer treatment (Cancer Diet, cancer prevention, fight cancer, cancer recovery, cancer free, cancer foods Book 2) it is quite good to read. There are a lot of individuals who recommended this book. These were enjoying reading this book. In case you did not have enough space to develop this book you can buy the actual e-book. You can m0ore quickly to read this book from the smart phone. The price is not to fund but this book provides high quality.

Tammara Dejesus:

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